

WYOMISSING AREA SCHOOL DISTRICT LUNCH MENU



Low Fat or Fat Free Milk

WHEC MAY 2024 WEDNESDAY MONDAY Menus Are Subject to Change **ONLINE CAFETERIA SERVICES** "Brunch for Lunch" On-line payments can be made at schoolcafe.com Rotini w/ Meatballs Turkey Sausage Egg & Cheese Croissan Sicilian Style Pizza Garlic Knot Homefries Steamed Carrots **FULL PRICE STUDENT MEAL \$2.65** Steamed Broccoli ADULT MEAL \$4.50 Assorted Fruit Assorted Fruit Assorted Fruit Low Fat or Fat Free Milk Low Fat or Fat Free Milk Low Fat or Fat Free Milk 6 7 8 10 Walking Taco Chicken Tenders w/ Dinner Roll WG Doritos Bosco Sticks w/ Pizza Sauce Hot Ham & Cheese on a Pretzel Roll Pizza Crisp Sweet Potato Waffle Fries Fiesta Black Beans Steamed Broccoli Seasoned Wedge Fries **Glazed Carrots** Sides - Shredded Lettuce. Tomatoes. Shredded Cheddar Sour Cream Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Low Fat or Fat Free Milk 15 17 16 13 14 Chicken Alfredo Chicken Nuggets w/ Dinner Roll Pizza Max Sticks w/ Marinara Cheeseburger Garlic French Bread Pizza WG Soft Pretzel Scalloped Potatoes Broccoli Tater Tots Steamed Carrots **Baked Beans** Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Low Fat or Fat Free Milk 20 21 22 23 24 Popcorn Chicken w/ Waffles Pizza Chicken Quesadilla Penne Pasta w/ Meatballs BBQ Pulled Pork Sandwich Stuffed Crust Pizza Corn Fiesta Black Beans Dinner Roll Smiley Fries Steamed Carrots Salsa Steamed Broccoli Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Low Fat or Fat Free Milk 28 29 30 31 Lasagna Roll Ups w/ Dinner Roll Hot Dog Pizza Cook's Choice Schools Closed Broccoli Curly Fries Carrots **Baked Beans** Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit

Low Fat or Fat Free Milk AVAILABLE DAILY ENTRÉE ALTERNATIVE PB&J UNCRUSTABLES W/ CHEESE STICK, WG BANANA OR PUMPKIN BREAD

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CHEF'S SALAD W/ WG DINNER ROLL